

PSHE Knowledge Organiser



PSHE Strand/ Year Group
Celebrating Difference - Reception

Overview

Children are encouraged to think about the things they are good at whilst understanding that everyone is good at different things. Children talk about being different and how that makes everyone special but also recognising we are the same in some ways. The children talk about their homes and are asked to explain why it is special to them. They talk about friendship and how to be a kind friend and how to stand up for themselves if someone says or does something unkind to them.

Knowledge

- Know what being proud means and that people can be proud of different things
- Know that people can be good at different things
- Know what being unique means
- Know that families can be different
- Know that people have different homes and why they are important to them
- Know different ways of making friends
- Know different way to stand up for myself
- Know the names of some emotions e.g. happy, sad, angry
- Know they don't have to be 'the same as' to be a friend
- Know why having friends is important
- Know some qualities of a positive friendship

Key Vocabulary

Different	Angry
Special	Family
Proud	Unique
Friends	
Kind	
Same	
Similar	
Happy	
Sad	
Frightened	

Social and Emotional Skills

- Identify feeling associated with being proud
- Identify things they are good at
- Be able to vocalise success for themselves and talk about the successes of others
- Identify some ways they can be different and the same as others
- Recognise similarities and differences between families
- Identify and use skills to make a friend
- Identify and use skills to stand up for themselves
- Recognise emotions when they or someone else is upset, frightened or angry.

