

Key Vocabulary and Phrases

Puberty	Puberty is the time when a boy or girl's body begins to develop and change as they become an adult.
Gestation	The process and time period of developing inside the womb before birth.

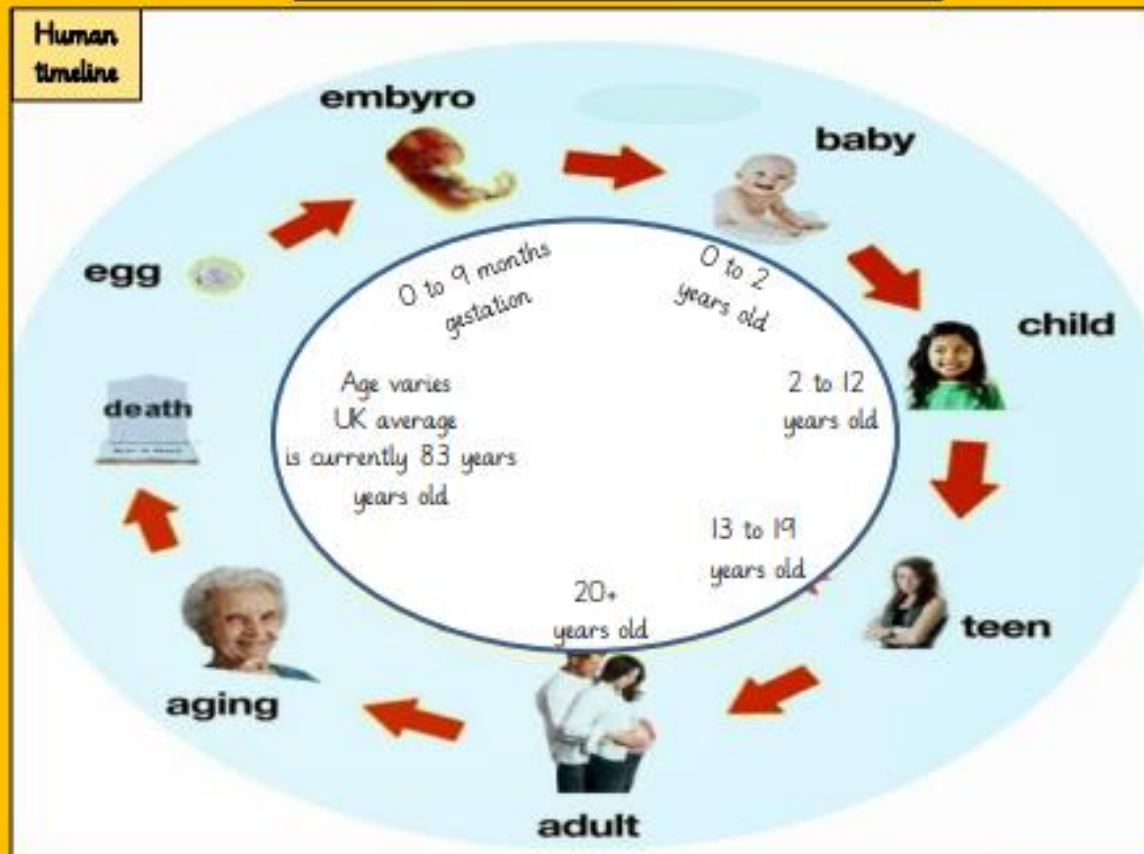
Gestation Times

vary between animals

Human	9 months
Cat (domestic)	62 days
Cow	280 days
Chimpanzee	237 days
African elephant	640 days



Human timeline



Changes as humans grow to old age

Baby

Babies bodies grow and they develop their use of their senses; their movement and by approximately 12 months old begin to walk. This is also a time when they are learning to eat and speak so talking to a baby properly is extremely important as they learning from the older children and adults around them.

Child

A child's body continues to grow, becoming much stronger in their movements, such as running and riding a bike. They will now be eating a range of foods to keep them healthy and grow strong

Teen

This is a time in a human's life when puberty takes place. Puberty is the time when a boy or girl's body begins to develop and change as they become an adult. Boys develop a deeper voice and start to grow hair on their body. Girls develop breasts and start their periods. The average age for girls to begin puberty is 11 years old, while for boys the average age is 12

Adult

By the time a human reaches adulthood, they are fully grown and developed. As adults get older their movement begin to slow down, maybe get grey hair and wrinkles.

Jigsaw PSHE scheme will support Y5 in learning about puberty