

PSHE Strand/ Year Group

Year 1 – Celebrating
Differences

Overview

In this unit, the class talk about the similarities and differences between people and that these make us unique and special. The children learn what bullying is and what it isn't. They talk about how it might feel to be bullied and when and who to ask for help. The children talk about friendship, how to make friends and that it is OK to have differences from their friends. The children also talk about being nice to and looking after other children you might be being bullied.

Knowledge

- Know that people have differences and similarities.
- Know what bullying means.
- Know who to tell if they or someone else is being bullied or is feeling unhappy.
- Know skills to make friendships.
- Know that people are unique and that it is OK to be different.

Key Vocabulary

Similarity	Same as
Different from	Difference
Bullying	Bullying behaviour
Deliberate	On purpose
Unfair	Included
Bully	Bullied
Celebrations	Special
Unique	

Social and Emotional Skills

- Recognise ways in which they are the same as their friends and ways they are different.
- Identify what is bullying and what isn't.
- Understand how being bullied might feel.
- Know ways to help a person who is being bullied.
- Identify emotions associated with making a new friend.
- Verbalise some of the attributes that make them unique and special.