



PSHE Strand/ Year Group

Year 6 – Dreams and Goals

Overview

In this Puzzle the class talk about their own strengths and further stretching themselves by setting challenging and realistic goals. They discuss the learning steps they'll need to take as well as talking about how to stay motivated. The children explore various global issues and explore places where people may be suffering or living in difficult situations – whilst doing this they reflect on their own emotions linked to this learning. The class also talk about what they think their classmates like and admire about them as well as working on giving others praise and compliments.

Knowledge

- Know their own learning strengths.
- Know how to set realistic and challenging goals.
- Know what the learning steps are they need to take to achieve their goal.
- Know a variety of problems that the world is facing.
- Know how to work with other people to make the world a better place.
- Know some ways in which they could work with others to make the world a better place.
- Know what their classmates like and admire about them.

Key Vocabulary	
dream	success
goal	feeling
hope	contribution
learning	sponsorship
strength	hardship
achievement	concern
realistic	recognition
personal	motivation

Social and Emotional Skills

- Understand why it is important to stretch the boundaries of their current learning.
- Set success criteria so that they know when they have achieved their goal.
- Recognise the emotions they experience when they consider people in the world who are suffering or living in difficult circumstances.
- Empathise with people who are suffering or living in difficult situations.
- Be able to give praise and compliments to other people when they recognise that person's achievements.