



PSHE Knowledge Organiser



PSHE Strand/ Year Group

Year 1 – Being Me in My World

Overview

In this unit, children talk about being part of a team and valued within their class/groups. They will discuss their rights and responsibilities and will learn that actions will have rewards or consequences. The children will be able to recognise their own safety as well as knowing how to make everyone feel safe in their class.

Knowledge

- Understand the rights and responsibilities of a member of a class.
- Understand that their views are important.
- Understand that their choices have consequences.
- Understand their own rights and responsibilities with their classroom.

Key Vocabulary

safe, Special, Calm, Belonging, Special, Rights, Responsibilities, Learning Charter, Jigsaw Charter, Rewards, Proud, Consequences, Upset, Disappointed, Illustration.	rewards
special	proud
calm	consequences
belonging	upset
special rights	disappointed
responsibilities	illustration
learning charter	
Jigsaw charter	

Social and Emotional Skills

- Understanding that they are special
- Understand that they are safe in their class
- Identifying helpful behaviours to make the class a safe place
- Identify what it's like to feel proud of an achievement
- Recognise feelings associated with positive and negative consequences
- Understand that they have choices