## PSHE Knowledge Organiser

## PSHE Strand/ Year Group

Year 4 - Celebrating Difference

## Overview

In this unit, the children talk about judging people by their appearance, first impressions and what influences their thinking on what is normal. They talk about bullying, including online bullying and what to do if they suspect or know that it is taking place. They discuss the pressures of being a witness and why some people choose to join in or choose to not tell anyone about what they have seen. The children talk about their own uniqueness and what is special about themselves. They talk about first impressions and when their own first impressions of someone have changed.

## Knowledge

- Know that sometimes people make assumptions about a person because of the way they look or act.
- Know there are influences that can affect how we judge a person or situation.
- Know that some forms of bullying are harder to identify e.g. tactical ignoring, cyber-bullying
- Know what to do if they think bullying is, or might be taking place.
- Know the reasons why witnesses sometimes join in with bullying and don't tell anyone.
- Know that first impressions can change.

Key Vocabulary

| character | assumption |
| :--- | :--- |
| judgement | surprised |
| different | appearance |
| influence | accept |
| opinion | attitude |
| bullying | friend |
| secret | deliberate |
| bystander | witness |
| cyber bullying | troll |
| unique | impression |

## Social and Emotional Skills

- Try to accept people for who they are.
- Identify influences that have made them think or feel positively/negatively about a situation.
- Identify feelings that a bystander might feel in a bullying situation.
- Identify reasons why a bystander might join in with bullying.
- Revisit the 'Solve it together' technique to practice conflict and bullying scenarios.
- Identify their own uniqueness
- Be comfortable with the way they look.
- Identify when a first impression they had was right or wrong.
- Be non- judgemental about others who are different.

