

PSHE Knowledge Organiser



PSHE Strand/ Year Group

Year 4 – Dreams and Goals

Overview

The class look at examples of people who have overcome challenges to achieve success and discuss what they can learn from these stories. The children identify their own dreams and ambitions and discuss how it will feel to achieve them. They talk about facing learning challenges and identify their own strategies for overcoming these. The children talk about obstacles which might stop them from achieving their goals and how to overcome these. They reflect on their progress and successes and identify what they could do better next time.

Knowledge

- Know about specific people who have overcome difficulty challenges to achieve success.
- Know what dreams and ambitions are important to them.
- Know how they can best overcome learning challenges.
- Know that they are responsible for their own learning.
- Know what their strengths are as a learner.
- Know what an obstacle is and how they can hinder achievement.
- Know how to take steps to overcome obstacles.
- Know how to evaluate their own learning progress and identify how it can be better next time.

Key Vocabulary

Perseverance	Enthusiastic
Challenges	Efficient
Success	Responsible
Obstacles	Frustration
Dreams	Solutions
Goals	Review
Ambitions	Learning
Future	Celebrate
Aspirations	Evaluate
Team work	Motivated

Social and Emotional Skills

- Recognise other people's achievements in overcoming difficulties.
- Imagine how it will feel when they achieve their dream/ambition
- Can break a goal down into small steps
- Recognise how other people can help them to achieve their goals.
- Can manage feelings of frustration linked to facing obstacles.
- Can share their success with others
- Can store feelings of success (in their internal treasure chest) to be used at another time.