

National curriculum summary

National curriculum - All schools must provide swimming instruction either in key stage 1 or key stage 2. In particular, pupils should be taught to:

Swim 25 - swim competently, confidently and proficiently over a distance of at least 25 metres

Range of strokes - use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]

Safe self-rescue - perform safe self-rescue in different water-based situations

	Students	Passed			
		National curriculum	Swim 25m	Range of strokes	Safe self rescue
Year 4	28	14	14	14	14
Year 5	29	15	15	15	15
Year 6	30	16	16	16	16

Swim 25m



Range of strokes



Safe self rescue

